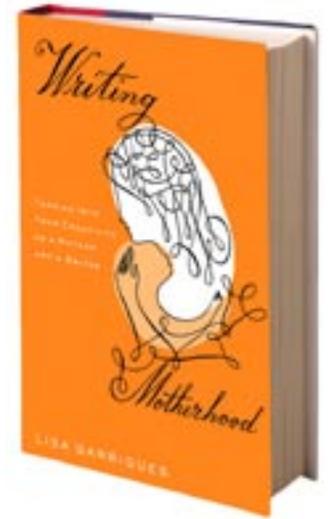


WRITING MOTHERHOOD TAKE A QUIZ



You may be wondering how you will find the time to write when some days you can barely manage to take a shower, much less go for a walk. Or you may be trying to remember the last time you wrote something other than a grocery list—way back in high school or college. There are no prerequisites to *Writing Motherhood*. All you need is a notebook and a pen, and fifteen minutes a day. Take the following quiz to help you decide whether you want to become a Writing Mother. Circle Yes or No for each question.

- Yes No** Have you kept a diary or journal at any time in your life?
- Yes No** Have you ever kept up a correspondence with someone through letters or emails?
- Yes No** Do you think your life as a mother is too ordinary or boring to write about?
- Yes No** Do you find that your family's photo albums, videos, and scrapbooks fail to capture the fleeting, every-day moments of motherhood—significant or insignificant, humorous or heart-breaking?
- Yes No** Do you feel as if your children are growing up—and you are growing older—faster than you ever imagined possible?
- Yes No** Do you feel selfish when you take time for yourself: get a manicure, attend a yoga class, have lunch with a friend?
- Yes No** Do you no longer play the piano, paint, run, or bowl—activities you once found restorative and fun?
- Yes No** At the end of the day, do you often feel depleted and exhausted?
- Yes No** Are you convinced that the challenges you face as a mother are unique to you?
- Yes No** Do you often feel lonely or isolated, and do you crave the companionship of other mothers who understand your experience?

You probably answered yes to all ten questions, but even if you answered yes to only five of them, consider yourself ready for the ABC's of *Writing Motherhood*.